

Report on Parent Orientation Programme

Undergraduate and Postgraduate Students' Parents/Guardians

14 to 17 July 2023

The Parents' Council team at St Joseph's University organised a 3-day orientation programme for the parents of students who joined various undergraduate and postgraduate programmes this academic year. The programme took place on the 14, 15, and 17 of July 2023, with the objective of welcoming the parents of new students and familiarising them with the University.

The 14 and 17 July orientation was for parents of UG students (Shift 1 and Shift 2) and 15 July was allotted for parents of the PG students. The programme schedule was as follows:

- **Day 1 (Orientation Shift 1)**

The Parents Orientation programme kicked off with registration starting promptly at 7:30 am, efficiently organised by Dr Suhas and the team. Around 1300 parents attended the first day of orientation. The official event commenced at 9:30 am, with Ms Tejaswini Balaji, the emcee, warmly welcoming the audience.

Ms Mamatha S, Coordinator of the Parent Council, introduced the council and its activities to the audience. The Vice-Chancellor, Rev Dr Victor Lobo SJ addressed the gathering on the vital role parents play in educational institutions. He also mentioned the significance of parent support and involvement in shaping their children's educational journey. Following that, Ms Prathibha introduced the keynote speaker Dr Shailaja Shastri.

Dr Shailaja Shastri serves as the Director of Research and School Mental Health at 'Your Dost', Bengaluru—an organisation dedicated to promoting 'emotional wellness' for all. Over the past three decades, she has excelled as a teacher, trainer, researcher, counsellor, and advocate for mental health and education. During her session with the parents, Dr Shastri highlighted three key focal points for the

parents in attendance. Firstly, she encouraged parents to view things from a different perspective as their children transition from a school environment to university life. Secondly, Dr Shailaja Shastri advised parents to adopt a management approach rather than trying to control every aspect of their children's lives. Lastly, she emphasised the significance of parental support when their child faces failure. To emphasise this point, a poignant video was screened, illustrating the crucial role parents play when their children don't meet expectations. The session proved to be enthralling, with active participation from many parents, and the speaker provided numerous real-life examples to illustrate her points effectively. The session was followed by an engaging Q&A session. A short tea break allowed for a refreshing pause.

Upon reconvening, the functioning of the University system was explained by Ms Amita Priyadarshini. Following this, Deans representing different schools – Dr Arul Mani, Dr V Christo Selvan, and Dr Beatrice, along with Mr Cyril, the Deputy COE, clarified the queries of the audience. After the discussion, Fr Denzil Lobo SJ gave a presentation on the rich history and future expansion plans of St Joseph's University. The day's events concluded at 12:30 pm with a Vote of Thanks, delivered by Dr Shari Tess, expressing gratitude to all participants and attendees. Lunch was provided to all the parents who attended the session.

- **Day 2 (Orientation PG)**

The second day of the Parents Orientation programme began with registration opening at 8:00 am, allowing participants to be ushered in and settle in comfortably. At 9:00 am, the event officially commenced with a beautiful prayer and anthem performed by the University choir, setting a positive and serene atmosphere for the day. Ms Sushmitha, the emcee for the day, warmly welcomed the audience to the programme.

Ms Mamatha S, the Coordinator of the Parents Council, extended a heartfelt welcome to all the attendees, introducing the Parents Council's essential role in fostering collaboration between parents and the educational institution, creating a supportive environment for student growth. Vice-Chancellor, Rev Dr Victor Lobo SJ, addressed the gathering. After a brief introduction by Ms Champa Kumari, the Vice-Chancellor felicitated Dr Shailaja Shastri, the chief guest of the day. Dr Shastri shared invaluable insights on a crucial topic - supporting our children during moments of failure. She emphasised that setbacks are a natural part of learning and that parents play a pivotal role in providing encouragement and guidance during these challenging times.

Afterwards, the parents and dignitaries were invited for a tea break, providing an opportunity for networking and further discussions with other parents and staff members. Following the break, the parents were introduced to a detailed presentation on the University's expansion plans by Fr Denzil Lobo. Dr Sayantini delivered a comprehensive presentation on the structure and functioning of the programmes at SJU. This presentation aimed to offer clarity on our educational approach and provide a deeper insight into what students can expect during their time at our university. To enhance the parents' understanding of SJU and its functioning, talks from the Deputy Controller of Examinations, Mr Cyril and the Deans of various Schools were arranged. Dr Rabbi Angiras represented the School of Physical Sciences and Fr Augustine Lourdu represented the School of Social Work. This allowed many parents to interact directly with these key individuals and gain valuable insights about academic policies, curriculum design, and faculty support. Around 700 parents attended the programme. The event concluded at 12:00 pm and later parents enjoyed a sumptuous lunch at the Magic Block.

Day 3 (Orientation Shift 2)

On the third and final day of the Parents Orientation, the registrations commenced at 8:00 am. The official event began at 9:30 am with a heart-warming prayer. The emcee of the day, Dr Viyolla Mendonce, warmly welcomed the guests, setting a positive and welcoming tone for the seminar.

Ms Mamatha S, the Coordinator of the Parents Council, extended a warm welcome to all the parents, introducing them to the Institution and the Council. Vice-Chancellor, Rev Dr Victor Lobo SJ, addressed the audience, highlighting the significance of active parental involvement in their children's lives. He emphasised the concept of team parenting, wherein teachers, parents, and the Institution work together to create a supportive environment for students.

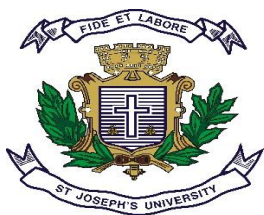
Dr Mohan Kumar introduced the chief guest of the day, and the dignitaries felicitated the keynote speaker, Dr Gururaja Kharjagi - the Founder and Chairman of the Academy for Creative Teaching (ACT), Bengaluru, – a unique organisation dedicated to bringing about quality in education in general and teacher training in particular. Dr Kharjagi delivered an insightful session, urging parents to be attentive listeners to their children's joys and concerns. He also discussed the potential dangers of technology that might lead to students feeling disconnected from their parents and teachers. Following the thought-provoking speech, the session was opened with a question-and-answer segment, encouraging active engagement between the speaker and the parents. After this, parents had a tea break to mingle and share their thoughts.

The post-tea break sessions featured presentations by Fr Denzil Lobo SJ, followed by a presentation of the University's expansion plans, highlighting the Institution's commitment to continuous improvement. Dr Tesmine Martin shed light on the University's functioning, and interaction with Deputy Controller of Examinations, Mr Cyril, and the Deans of various Schools. Dr Beatrice represented the School of

Life Sciences, Dr Libi represented the School of Chemical Sciences, and Mr Clement D'Souza represented the School of Humanities. These sessions aimed to provide parents with comprehensive insights into the University's academic structure and support systems. Parents actively interacted with the speakers during the Q&A sessions, addressing their concerns and seeking clarifications.

The event concluded with a Vote of Thanks delivered by Dr Eraiah, expressing gratitude to all attendees, speakers, and organisers for their valuable contributions to the seminar's success. The active participation of around 1400 parents on the third day of orientation demonstrated their commitment to being actively involved in their children's education and the overall growth of the University community.

The Parents Orientation served as an insightful platform for parents to gain a deeper understanding of the University's educational ethos and structure. The engaging sessions and thought-provoking discussions encouraged parents to become active participants in their children's academic journey.



ST JOSEPH'S UNIVERSITY

PARENT ORIENTATION 2023-24

14th, 15th and 17th JULY 2023.

Venue: Auditorium

LIST OF COMMITTEES FOR THE PARENT ORIENTATION

CORE TEAM

Name	Department
Mrs Mamatha S	Microbiology
Dr Mohan Kumar S	Food Science and Technology
Ms Thejaswini Balaji	Commerce
Dr Suhas DP	Chemistry
Dr Eraiah	Kannada
Ms Sushmitha Vincent	Commerce
Dr Sayantani Banerjee	Commerce
Ms Niha Asif	Management
Dr Puneeth	Computer Science
Ms Champakumari M	Mathematics
Ms Shari Tess Mathew	Social Work
Ms Prathibha	Zoology
Ms Raisa Elsa Joseph	Economics
Dr Pramod K M	Chemistry
Ms Satarupa Anderson	Psychology
Dr Tesmin	Chemistry

LIST OF SUB-COMMITTEES

1. STAGE DECOR AND BACKSTAGE TEAM

Name	Department	Role
Dr Vaishnavi	Botany	Coordinator
Ms Tejaswini Balaji	Commerce	Core team member
Ms Pratibha	Zoology	Core team member
Dr Neelam Mishra	Botany	Member
Ms Grace Leena	Botany	Member
Dr Rita Pal	Chemistry	Member
Ms Vismaya	English	Member

2. REGISTRATION TEAM

Name	Department	Role
Dr Suhas DP	Chemistry	Coordinator
Dr Eraiah	Kannada	Core team member
Dr Puneeth	Computer	Core team member
Ms Champakumari	Maths	Core team member
Dr Mohan Kumar S	Food Science and Technology	Core team member
Dr Pramod K M	Chemistry	Core team member
Dr Paramesha Mallegowda	Botany	Member
Ms Veena	Maths	Member
Ms Ancy	Maths	Member
Ms Ayesha	Maths	Member
Mr Sushoban	Maths	Member
Ms Maya Philip	English	Member
Dr Sreenivasalu Bandi	Chemistry	Member
Dr Suriya Narayanan	Chemistry	Member

3. EMCEE TEAM

Name	Department	Role
Ms Thejaswini Balaji	Commerce	Coordinator
Ms Sushmitha	Commerce	Core team member
Ms Tesmin	Chemistry	Core team member

4. USHERING TEAM

Name	Department	Role
Ms Raj Kiran	Commerce	Coordinator
Mr Akshay Mandlik	NCC	Officer (In charge of Discipline)
Mr Selwyn Paul	NSS	Officer (In charge of Discipline)
Ms Shari Tess	Social work	Core team member
Ms Anaurene Roy	Psychology	Member
Ms Hazel	Sports	Member
Ms Deepika	Maths	Member
Mr Leonard Aiman	Maths	Member
Dr Archana V	Statistics	Member
Ms Architha	Statistics	Member
Dr Ancila	Chemistry	Member
Mr Tobin	Chemistry	Member

5. FOOD TEAM

Name	Department	Role
Dr Eraiah	Kannada	Coordinator
Dr Mohan	Food Science and Technology	Core team member
Ms Raisa Elsa	Economics	Core team member
Dr Kavya	Zoology	Member
Dr Rajanna	Environment science	Member
Dr Sabia Mumtaz	Zoology	Member
Ms Grace Prerana	Commerce	Member
Ms Teena Maria Rani	Commerce	Member

6. GUEST SPEAKER CO-ORDINATION

Name	Department	Role
Ms Niha Asif	Commerce	Coordinator
Dr Popy Dutta	Microbiology	Coordinator
Dr Sayantani Banerjee	Commerce	Coordinator
Dr Tesmin	Chemistry	Core team member
Ms Satarupa Anderson	Psychology	Core team member
Ms Sunitha Adak	Food Science and Technology	Member
Ms Valeen Rashmi	Chemistry	Member

7. ACCOUNTS

Name	Department	Role
Ms Niha Asif	Commerce	Coordinator

Report on Student Orientation Programme

Undergraduate and Postgraduate Students 14 to 17 July 2023

Student orientation programmes are an essential part of college/university life. They provide new students with the opportunity to get to know their new campus, meet fellow students, and learn about the resources available to them. These programmes are typically conducted by colleges and universities at the beginning of each academic year, and they are designed to help students make a smooth transition to college/university life. The primary objective of student orientation programmes is to help students acclimate to their new environment. For many students, college/university is their first time away from home, and they may feel overwhelmed or anxious about their new surroundings. Orientation programmes aim to ease these fears by providing students with a sense of belonging and community.

The student orientation programme of St Joseph's University for the academic year 2023-2024 was held on July 14th, 15th and 17th, 2023. The students had exclusive orientation by their respective class mentors/PG Coordinators during the first half of the programme. During the address, students were introduced to the various campus resources. The programme schedules, rules of the university, attendance requirements, dress codes, etc were discussed. Information about extracurricular activities, clubs, and organisations that are available on campus were also disseminated. The second half of the programme was held in the University Auditorium where the students had a general orientation and were addressed by the Vice-Chancellor and the Registrar. The PG students had an exclusive address by the Pro-Vice-Chancellor, Dr Ronald J Mascarenhas who highlighted the Jesuit and Ignatian pedagogy of teaching and learning.

The orientation programme facilitated the students to be more confident and prepared, to tackle the opportunities and challenges of university life

Report on Parent and Student Orientation Programme

Shift III - Undergraduate and Postgraduate Students and their Parents/Guardians 14 to 17 July 2023

**Report: Orientation Programme (Shift III) SJU
For First Year Students & their Parents/Guardians
14th July and 15th July, 2023**

Venue: University Auditorium & Allotted Classrooms
Time: 04:00 PM to 08.45 PM

Shift III of St Joseph's University began its orientation programme for the first semester Undergraduate and Postgraduate students and their parents on the 14th of July, 2023. The programme was attended by about 700 students and their parents/guardians, with a total audience strength of approximately 1500.

Session 1: Newly joined students assembled in their allotted classrooms at 4:00 PM. Following an ice-breaker session, the students in each classroom were given an introduction to the university and their respective programmes.

At the same time, parents/guardians assembled in the Auditorium for an orientation session. The orientation began with a prayer. This was followed by the lighting of the ceremonial lamp. Fr Dr Victor Lobo SJ, the Vice-Chancellor, Dr Melwin Colaco, the Registrar, and Fr Dr Maxim SJ, the Director of the third shift addressed the gathering. The guest speaker of the evening, Ms Swarnalatha Iyer, the CEO and MD of Sheshan's Academy, Bengaluru, delivered an address on the challenges faced by the youth in higher educational institutes and parents/guardians' role in acknowledging, understanding, and supporting their wards in facing and overcoming them.

A refreshment break followed session 1, post which for the second session, the mentors met with students and their parents/guardians in their respective classes to present the significance of mentorship in SJU.

On the second day i.e., 15th July 2023, students assembled in the auditorium at 5:00 PM. The orientation began with a prayer. This was followed by the lighting of the ceremonial lamp. Fr Dr Victor Lobo SJ, the Vice-Chancellor, Dr Melwin Colaco, the Registrar, and Fr Dr Maxim SJ, the Director of the third shift addressed the

gathering, and the session was then concluded with the Vote of Thanks, proposed by Mr Prashanth Kumar, the co-ordinator of Shift-III.

**Report: Orientation Programme (Shift III) SJU
For Second Year Students & their Parents/Guardians
17th July, 2023**

Venue: University Auditorium & Allotted Classrooms

Time: 05:00 PM to 07.45 PM

On the 17th of July 2023, St Joseph's University working in tandem with St Joseph's Evening College hosted an orientation programme for the second year Undergraduate and Postgraduate students of Shift III as well as final year students of SJEC. The programme was attended by nearly 800 students and their parents/guardians.

Mr Timothy welcomed the gathering, which was followed by the University anthem and a prayer by Dr Sr Saly and team. The dignitaries then lit the ceremonial lamp and took their place on the dais.

Mr Prashanth, the co-ordinator of Shift III delivered the welcome address, followed by the Director's Address by Fr Dr Maxim Dias. Dr Paul Newman, the principal of St Joseph's Evening College addressed the gathering. Mr Timothy then introduced the guest speaker for the day, Ms Swarnalatha Iyer, the CEO and MD of Sheshan's Academy Infinity, Bengaluru.

After the felicitation of Ms Swarnalatha, the technical team presented a video highlighting the activities and achievements of the previous year. Ms Vidhya closed the session with the vote of thanks. After a refreshment break, mentors met with the student and parents in their allotted classes to mark the conclusion three successful days of orientation programme.

For the Images of the Parent and Student Orientation Programme, kindly refer to the Photo Gallery: <https://www.sju.edu.in/gallery/37>